

# Young Health Champions - Royal Society of Public Health (RSPH) Level 2 Award



## Value of the programme

YC Hertfordshire is accredited to deliver the RSPH Level 2 Award for Young Health Champions. This is a peer support programme that trains a cohort of young people in a range of health topics so that they can cascade critical messages to their peers and signpost accordingly.

## Programme Summary

Through the programme the group will: gain an understanding of aspects of personal and community health and what is meant by a healthier lifestyle; research a health improvement facility; and deliver a health improvement message to a group of peers.

The programme comprises of 36 guided learning hours.

## We will work with you to:

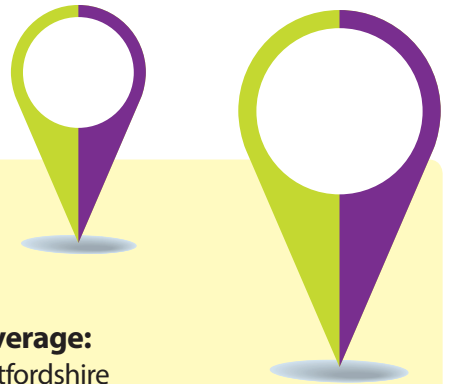
- Train a cohort of young people in a range of health topics
- Identify particular areas of need in your school

## Impact



### Who is benefitting?

Students in Years 7-13  
in schools and colleges



**Coverage:**  
Hertfordshire



### Who should purchase these services?

Head of Pastoral Care and Heads of Year

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